An ILI assessment tool may be used as a screening tool to determine if employees should be excluded from work due to illness.

ILI (Influenza like Illness) in the general population is determined by the presence of 1, 2, and 3, and any of 4: a-c, which could be due to the influenza virus. Please check the following:

- 1. Sudden onset of respiratory illness AND
- 2. Fever greater than 101° F AND
- 3. Cough AND
- 4. One or more of the following:
  - a. sore throat
  - b. joint aches
  - c. muscle aches or weakness

Persons with influenza like illness should remain at home until they have fully recovered (usually 5 to 7 days after symptoms stop.)

Persons, who have been exposed within the last 3 days to someone with Influenza like Illness, should stay at home for 3 days until they are sure they are not ill.

**Fit to Work**
- No symptoms

**Fit to Work with Restrictions**
- Afebrile (meet above criteria 1-3-4)

**Unfit for Work**
- Meet above criteria (1-4)