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| Inmate Health Education | ACA Standards: 2-CO-4E-01, 4-4361, 4-4431, 4-ACRS-5A-10, 4-ACRS-4C-22 | | |
| Joe M. Allbaugh, Director Oklahoma Department of Corrections | | Signature on File | |

Inmate Health Education

I. Health Education

Health education and wellness information in self-care skills will be provided to inmates during the reception process and will be available throughout their incarceration. (4-4361, 4-ACRS-5A-10) Self-care is defined as care for a condition that can be treated by the inmate and may include the use of over-the-counter medications. Health information may be provided to all inmates in a classroom setting utilizing lessons plans or curriculum and through one-on-one instruction during routine and chronic clinic appointments. Training methods may include the use of audiotapes, videotapes, brochures and pamphlets.

A. Educational Topics

Topics will include, but are not limited to:

1. Personal hygiene;
2. Dental care;
3. Nutrition;
4. Immunizations;
5. Smoking cessation;
6. Drug and alcohol abuse;
7. Comprehensive family planning;
8. Chronic illness management/self-care;
9. Self examination for breast and testicular cancer;
10. Access to health services;
11. Communicable diseases;

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- a. Hepatitis A, B and C,
 - b. Tuberculosis,
 - c. Sexually transmitted diseases,
 - d. HIV infection and AIDS,
 - e. MRSA
12. Living wills and advanced directives for health care and “Do Not Resuscitate (DNR) Consent” in accordance with [OP-140138](#) entitled “Inmate Living Will/Advance Directive for Health Care and Do Not Resuscitate (DNR) Consent”;
 13. Release of Protected Health Information in accordance with [OP-140106](#) entitled “Healthcare Record System”;
 14. Physical fitness;
 15. Bloodborne pathogens; and
 16. Prison Rape and Elimination Act (PREA)

Non-consensual sexual assault to include zero tolerance for inmate-on-inmate sexual assault, staff sexual misconduct and sexual harassment towards inmates in accordance with [OP-030601](#) entitled “Oklahoma Prison Rape Elimination Act (PREA),” (PREA 115.33)

B. Educational Responsibility

Health education will be the responsibility of all clinical staff. Each correctional health services administrator will initiate and maintain an organized health education program. The qualified health care professional conducting health educational training will document training completed in the inmate’s electronic healthcare record. (4-4431, 4-ACRS-4C-22)

II. References

Policy Statement No. P-140100 entitled "Inmate Medical, Mental Health and Dental Care"

OP- 030601 entitled “Oklahoma Prison Rape Act (PREA)”

OP-140106 entitled “Healthcare Record System”

OP-140138 entitled “Inmate Living Will/Advance Directive for Health Care and Do Not Resuscitate (DNR) Consent”

III. Action

The chief medical officer is responsible for compliance with this procedure.

The director of Health Services is responsible for the annual review and revisions.

Any exceptions to this procedure will require prior written approval from the agency director.

This procedure is effective as indicated.

Replaced: Operations Memorandum No. OP-140105 entitled "Inmate Health Education" dated November 29, 2017

Distribution: Policy and Operations Manual
Agency Website